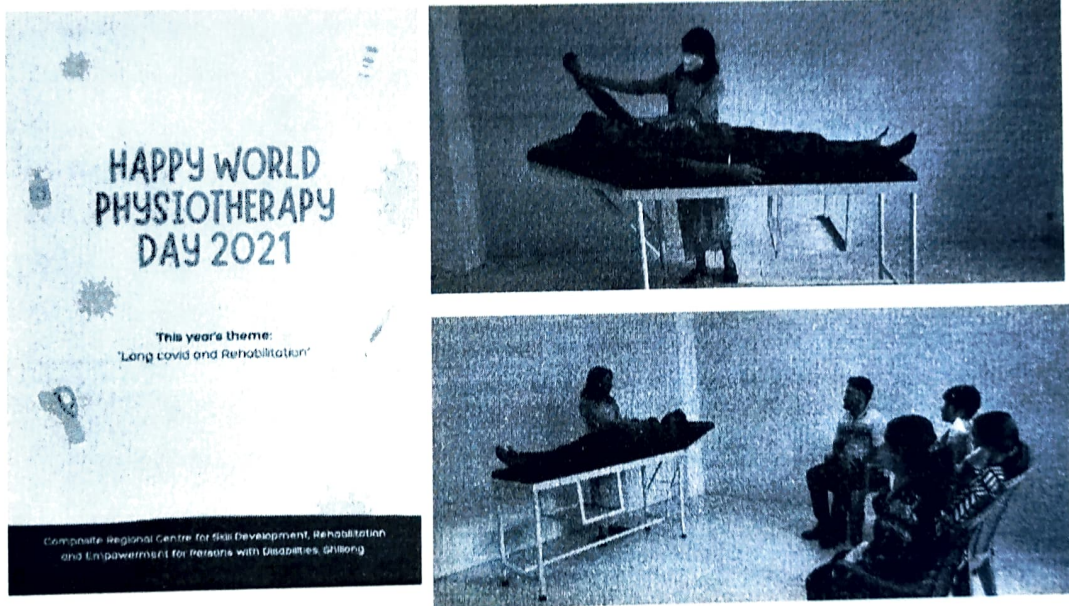


Report on World Physiotherapy Day
8th September 2021

CRC Shillong Staffs celebrated World Physiotherapy Day on 8th September 2021, Theme- Long Covid and Rehabilitation. The awareness given by Mrs. Iness K. Warshong, Lecturer Physiotherapy on Breathing exercises for stress management, strengthening lungs and improving respiratory system. Live demonstration was done for the same. Team CRC Shillong actively participated and had an informative discussion on the topic.

Photos:



Bokani
08/09/2021
(Ram Shakal Sahani)
Officer In-charge
CRC-Shillong